

1/24 Lincoln Street  
BRUNSWICK EAST 3057

30th April 2025

Attention: Hospital Administrator  
Via Feedback  
The Alfred Hospital  
55 Commercial Road  
PRAHRAN 3181

Dear Administrator:

RE: PATIENT MRN 8140394 ANNE MILES

I'd like to bring to your attention some major deficits in the Psychiatric Ward and discuss solutions with management to rectify. I'd like to discuss a way forward with management rather than the nurse team here in this department please.

The hospital has failed to offer me a psychologically and physically safe place to be since I got here and I believe a wrongful diagnosis and inappropriate medication.

As an Investigative Medium it is worthwhile passing on some important information impacting the hospital's reputation and my treating doctors. Before I do this I will point out that in the legal system there is precedence for mediumship to be used as a trigger for investigation. Whilst mediumship can't be used in a court hearing as evidence it is considered a valid resource.

My reading about my treating doctors is that three of them are being paid \$8K each to enforce anti-psychotic medication to prevent my mediumship abilities as a corruption to prevent me supporting the police in a high level crime that I have been investigating. It is worth discussion before these doctors commit further offences and put the hospital's reputation at further risk.

My ideal outcome - to be removed from involuntary admission and treatment, and to be compensated appropriately for the harm done to me to date including a loss of my income and business earnings ongoing. I've been forced to take retirement as the only option forward, well before my intended plans.

I urge you to take this seriously. I have much more information to assist you in this settlement. Note also my log to follow for the discussion. Clearly my rights and dignity has been violated.

Thank you.

Anne Miles.

Here is a list of my concerns:

Safety and security issues:

- I came to The Alfred voluntarily for safety and care after a real threat outside the hospital, triggering my PTSD, however it has not felt safe here in many ways including unsafe room security

Health issues caused by improper care:

- Incapacitating medications - likely because they are not appropriate
- Heart rate doubled for my individual rates
- Scalp condition may be Scabies which is contagious and left unaddressed despite reporting it twice
- PTSD triggers reactivated - in an environment that should be trusted and safe
- Rampant mice infestation
- Consistent patterns of nurses making notes that do not get actioned

Prejudice to misdiagnose:

- As a psychic medium I have been treated as if unwell rather than acknowledge the science of this consciousness technology and mistaking it for psychosis, potentially due to stereotyping but also systemic ignorance
- The Fact Sheet provided regarding taking anti-psychotic medication states these key reasons for prescribing medication, but I note the alternative ways of seeing these that I believe are more appropriate for me and many others:
  - Hallucinations - seeing, hearing, smelling, tasting or feeling things that others don't. This is basic Mediumship.
  - Delusions - having a firm belief in something that is not true eg. You have special powers. Mediumship makes us know things that others don't yet know are real, and really is a special power that is proven to the point of forensic accuracy, in my case. Also in my case I have had a genuine fear for my

safety, based on an experience outside the hospital but the doctor deems it too fanciful to be real and didn't do any due diligence to ascertain what is truth before diagnosing after 30 minutes or less

- Disorganised thoughts - speaking fast and changing topics. This is also explained by ADHD which presents similarly and likely would be exacerbated by genuine fears for my safety.
- My doctor explained that mood and intensity is a factor in diagnosing psychosis, but so too is this explained by PTSD and ADHD.
- My doctor mentioned 'Paranoia' as a reason for anti-psychotic medication however real world stresses and facts cannot be changed with medication. Access to police meeting in person, currently blocked, will reveal what is fact.

A summary of accounts I've experienced:

- Diagnosis was made within 30 mins (or even less) without access to what I consider appropriate outside sources, my past psych reports, or any research I referenced as the latest on spiritual versus mental health criteria
- Discredited my past psychiatrist, and claimed his diagnosis of 'independent phenomena' rather than psychosis was 'doing me a disservice' and said it was psychosis not mediumship, or my mediumship 'got out of hand'. By contrast my past psychiatrist did extensive surveys, interviews with me and others, had 6-8 sessions over extended time and monitored progress and ADHD medication over a year. He is a credible psychiatrist with peer reviewed papers and authored a book on NDE's. He is highly qualified to make this assessment with knowledge of both extended consciousness and medical conditions
- Medicated improperly - based on misdiagnosis and drugs that will restrict my ability to function outside here (I do acknowledge efforts to minimise this now)
- Medication provided first night was 3 tablets, not what I was informed about without any understanding of what it was for or impact on my health.
- Anti-psychotic medication has been completely debilitating and incapacitates me preventing work, driving/riding, social life and personal safety
- My actual mental health condition of ADHD was being left untreated causing distress and re-engaging symptoms - especially difficult under real stresses for my safety
- If the doctor believed that Vyvance was causing me problems and triggering psychosis then the more appropriate action would be to trial me without any Vyvance before stopping me instantly and putting me on something else without proper assessment as to the real impact of Vyvance.
- Dr does not have an informed position on mediumship and consciousness, creating bias and prejudice against me from misunderstanding the difference between mediumship and psychosis. I know the difference between what is real, what is mediumship, imagination through negative thought or PTSD triggers and genuine delusion. I always use evidence to discern but with my rights restricted and access to technology and my network I can't access resources to help the doctor with diagnosis. I have spent 4+ years learning the difference and mastering my mind and consciousness
- Nurses engaging in inappropriate discussions about a diagnosis or 'perception issues', beyond their general capacity about wellbeing, current status and health needs - in a taunting way

- Holding me unnecessarily has impacted my client work and sales activity that is more negative on my living situation and income generating than before I came here
- My professional reputation has been irreparably damaged with my regular sources of client referral by being held here without electronics I need, accessible through the police I have been denied
- You are blaming some issues on mental health when they are purely about lack of access to my technology - reported missing and likely with the police that you are preventing me to access
- Preventing access to police. Your records indicate that police won't come to the ward, but I briefed them prior to coming with no objection about that. No attempt to discuss options to access when they arrived and they are silently turned away blocking my access. My doctor mentioned that I have the right to call police, but it seems evident I don't have the right to meet with them either on site or to have leave to meet with them. I believe the police have been turned away three times, limiting my rights of access.
- Security concerns - initially I had no room access but three times someone else entered, moved things around and even showered in the first 24 hours here. Also, 2pm-2:18pm 25th (24th night check) involved door opening when usually observed through the window and came back within 30 seconds to re-open the door and left it ajar, intentionally unsecured. I reported someone having accessed my room 28th with no cause. Now my access to the women's wing is inconsistent and I don't have guaranteed immediate access.
- I recognised an organised crime boss' brother in the ward with me, followed by his outburst that 'Spiritual people never leave' and 'Who's the stooge now?!' I recognised a second brother here for a meeting with staff also.
- Your doctor thinks isolation is a measure of break down, not break through, self-sufficiency, empowered independence and capability which is prejudiced against me being different to the norm
- Not involving my friend and family network is for their safety, yet your team keep insisting on forcing connection - which potentially puts them in harm's way against my wishes
- My recent work and income is being used as a measure of my mental health, which is irrelevant. Your doctor is using it against me, rather than seeing it as a part of a functional transformation into a new business model and income diversification
- Opinions of unknown people outside the hospital are given a lot of weight to patient mental health when those people are often unqualified to comment and may have a vested interest in keeping patients retained here
- I am not being given any useful support to get back into the real world safely and feel more unsafe in here than outside at present
- Drs only see you when they want to see you, leaving me unattended to for several days without help or drug reviews
- A patient, whom I reported for possessing a knife was reintegrated into the ward shortly after. All incidents seem to disappear without being addressed which is not making it feel safe for those like me, despite your concerns for other patient's privacy. You don't consider other's safety with this approach and silence is very unnerving.
- The reported patient is the only patient here without a barcode wrist band. The door strip on his room had 30% of the protection missing which would allow someone to

slide something up to 1.5cm depth approximately under his door. Engineers were on site over the last couple of days to rectify the evidence of this

- New medication prescribed and I asked for information sheet on it but never received one - only received a generic anti-psychotic medication sheet. I still don't know the correct name of it, the side effects nor the treating aspects specifically
- Raised a further security concern 11:30pm 28/4/25 about room access and bag being robbed of \$100 and my crystal pendulum. No immediate action. I asked to move rooms and denied. I then asked to put my mattress in a meeting room overnight and slept there - in an unlock-able office. No attempt to review security footage as requested was made
- Door access has been a continual concern - either no access at all, no access but someone else having access also, swipe band not working at all or with intermittent access making me feel like I'm standing trapped in a corner for over 45" to having no access and having to backtrack to nurse station and then to find the wait is long. Eventually I give up and try again for access - all round could be 5-15mins locked out of a safe haven
- Emergency alarm 29th April - didn't have a list of visitors to check everyone was accounted for. Evacuation area is a closed courtyard with no other exits except through the building
- I have made multiple attempts to be able to email or deliver feedback larger than the current manual hand written forms allow for but refused consistently. I have been refused access to any administration department contacts to escalate my safety concerns about this department's care
- 30/4/25 - 1/5/25 - Sleep 2,3 hours per night due to medication side effects
- 2/5/25 Nurse came with double the dose medication that was not agreed to with the doctor but I refused to take it. She agreed to give me the agreed single dose after checking with someone in the hospital, and said she would raise it with the doctor. Sleep still only 4 hours even with a sleeping tablet.
- 3/5/25 Nurse Grace came at 8am with double dose. I refused double as it was not what was agreed with the doctor. The nurse refused to give me one only and asked for a doctor. The doctor got to me by 2pm and agreed to give me a single dose, however I tried to refuse saying that if I was unable to sleep at 12am with 8am medication it would be now 6am before getting any sleep overnight and that was not appropriate. I told them they'd missed the window for appropriate medication and skipping a day was better for my health and wellbeing. They refused and I was forced to have the single dose by 2:20pm
- 3/5/25 Computer in the main lounge is not working and no access to Centrelink
- 5/5/25 New doctor assigned while Anna is at a conference. Little interest in my situation and was referring to Anna's notes as the gospel of truth. Disregarded my concern about file notes suggesting I had psychosis and accused me of getting off topic. He was mainly interested in medications as the only way forward despite my concern my situation was worsening due to being retained in hospital and the medication side effects including become low and restless, sleepless and racing heart all at the same time. He increased dosage from 10mg to 15mg. I mentioned I don't have information on the medication and not sure what it is even called. He said he would get it to me.

- 6/5/25 Meds still keeping me awake. Doctor increased dose rather than reduce or swap. Dr mentioned psychosis and said that's what the team here think I have - he didn't check facts outside either.
- 7/5/25 Social worker to help with a scan to email urgent superannuation paperwork. She came to resist me applying for access to super and said 'We don't usually recommend that and suggest you apply to Centrelink'. I wasn't applying for a pension and it is irrelevant to my situation. They tell you what they believe without all the facts or asking if the situation is even relevant.
- 7/5/25 Dr Mark - Sleep issues to be resolved by adding in a new medication rather than sorting out the original medication causing the problems. I mentioned that I am afraid the hospital is trying to medicate me out of my most precious mediumship gifts which impacts my income earning also. He also proposed moving to injections once a month and admitted it was because he assumed I would be a risk not to take the medication. I objected to his assumption and the accusation as being disrespectful and taking away my dignity. I asked to see if we could move the Tribunal Hearing earlier than the 20th and his answer was 'We'll see about that' with a tone of meaning unlikely. I reiterated that he too was making assumptions without checking the facts with the right police as well.

I do want to be fair and say that after raising these issues multiple times my treating doctor Dr Anna Cunningham has been taking steps since the 28th April, after a week here, to address those issues relevant to her consulting. The rest remains unaddressed. Note that Dr Cunningham later acknowledged mediumship is a skill that I hold after having this validated by my friend Morgan Willoughby. Treatment changed at this point also but Dr Cunningham still asserts psychosis still applies. I do not believe she has an view on what mediumship is (beyond stereotypes of fortune telling and speaking to the dead, however).

I understand it is my right to be provided a copy of my case file - intact without editing. Could I please be provided this within the legally allocated timeframe? I'd appreciate any ability to reference edits retrospectively made with this also please.

To work through a way forward, I suggest that we meet at your earliest convenience please. I'd like to suggest that discrediting each line item would not be a useful and productive way forward. I'd appreciate being heard and collaborating on improvements before involving third parties.

Thank you for your consideration and to ensure my safety for the remainder of my stay here.

Sincerely

Anne Miles  
Patient

Additional Notes:

- Someone suicidal went home after 4 days yet I was detained for xxD

- Misunderstand symptoms of AS as psychosis

Extra notes:

7/5/25 - Doctor asked about finances out of the hospital. It seems appropriate to ask if I am in a good financial position when leaving but to ask for specific dollar values seems inappropriate.